



Spiritual Disciplines 


1. We grow in spiritual life
by well directed effort.
1 Corinthians 9:24

Grace is not opposed to effort, but to
earning.

Spiritual Disciplines 

■ 2. The basic plan for growth

in companionship with the Master is to
follow Him into His practices
1 Corinthians 11:1

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■ 3. Spiritual disciplines are only an
extension

of practices followed by Jesus and His
earliest friends in New Testament times.

Spiritual Disciplines



- 4. A discipline is, in general, an activity within our power that

enables us to accomplish what we cannot by direct effort.

Spiritual Disciplines



- 5. Grace does not eliminate the need for

disciplines and for planned growth.

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- 6. The effort of discipline

is to enable people to do what needs to be done when and as it needs to be done.

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- 7. Disciplines in Christian life are for those who are disciples of Jesus

Spiritual Disciplines



- 8. Spiritual disciplines lead us into a more intimate relationship with Jesus.

Spiritual Disciplines



- 9. Spiritual disciplines are given to us to experience God.
